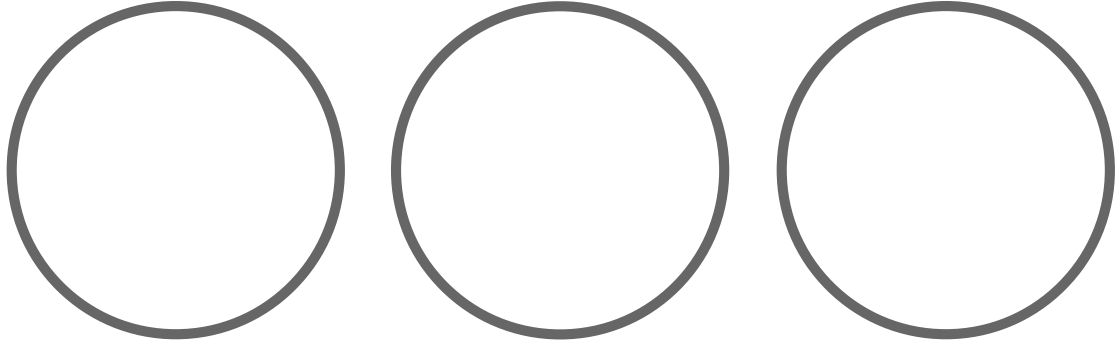


Happiness Booster

3 things you are grateful for



What activity or event are you looking forward to in the next couple of days?

Tip: Put it in your calendar.

3 reasons why your life is wonderful

1.

2.

3.

WARNING: My life is not wonderful does not count as an answer!

What did you learn about yourself from the previous questions?
